

WHAT TO BRING? CHECKLIST

Overnight Essentials

- Toothbrush and Toothpaste
- Personal hygiene products: Shampoo, Moisturiser, Deodorant
- Night Clothes, PJ's or Nightdress, Dressing Gown and Rubber soled Slippers
- Day Clothes: Loose Fitting Tracksuit, shorts or skirts
- Underwear
- Hand and Bath Towel and Face Cloth

Medication and Medical Files

- One months supply of prescribed medication in original packaging
- MRI, CT, PET Scans or X-rays
- Hospital, Consultant or Doctors Reports relevant to your condition

Paperwork

- Medical Card
- Private Health Insurance Documentation
- Contact Details for Next of Kin

Other

- Mobile Phone, Charger and Earphones
- Hearing Aids, Glasses, Walking Aids and False Teeth
- Books, Playing Cards and Personal Entertainment Devices
- Toys, Comforters and Treats for Young Patients

- Please do not bring large sums of money or valuables to the Hospital
- If you take medication, follow the instructions provided by the Preoperative Assessment Clinic.
- Fast as recommended.
- Arrive on time at the Admissions Department.
- If you are feeling unwell, contact the Admissions Department for advice, tel: +353 (01) 814 0445.

Top Tip!

We use ambient lighting on the wards at night, an eye mask might help you sleep better!